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Beloved chelas:

When an Ascended Master chooses to descend into the emotional, mental, etheric or the physical plane of manifestation below the vibratory action in which He naturally functions, He utilizes the Power within His Heart, the Immortal Victorious Three-fold Flame, to slow down the vibration of His Inner Vehicles- just as the airplane pilot, before effecting a landing, sets the necessary controls into motion wherein the vibratory action of the motors is slackened for the proper descent of the great winged bird.

The living bird in flight uses the same process in slowing down the motion of his beautiful wings. Lowering the vibratory action of the Life-Wave is not destructive, nor discordant, nor against God's Plan, but that lowering of vibration must be consciously qualified for a given purpose which will benefit those on the lower rungs of the ladder of evolution.

Mankind continually lowers his vibratory action, without control, through imperfect thought and feeling, and so he has temporarily lost the capacity, for the most part, to quicken his vibratory action at will. Man is a prisioner within the vibrations set up by his own thought, feeling, word and action and he cannot extricate himself until, through the use of the Sacred Fire of Purification and Transmutation, he changes his pattern of thought and feeling and again uses his God-given capacity to quicken the vibratory action of his own vehicles and in so doing raise the vibratory action of the Earth and Its evolutions.

This is the purpose for which We come to unascended mankind. We will voluntarily remain in the lower atmosphere of Earth until men (through their own self-conscious activity) learn again to master their vehicles and to rise on the wings of their own life energy into the Spheres from which they fell through the destructive use of free will in uncontrolled thought and feeling.

The Power that regulates the vibration in the mental, etheric, feeling and physical worlds is the quickening Power within the Immortal Victorious Three-fold Flame of God within each beating Heart. It$ emanation is Light; Its motivation is Love. When an Ascended Master sends the pressure of His Flame through the heart (as many of the faithful chelas have experienced in this embodiment) the vibration of all their bodies are quickened and ascend temporarily into a higher sphere of consciousness and activity.

Until the chela raises his vibratory action above a certain height, turning the attention constantly to the "I AM" Presence and the Ascended Masters is of great assistance. The invocation to Myself, or any of the Ascended Masters for assistance to dwell constantly within the Immortal Victorious Three-fold Flame of God (The Holy Christ Self) will be of tremendous help in maintaining a vibratory action which will lift the chela out of the lower spheres of discouragement and depression and hold him in a receptive radiation until he has learned to consciously control the vibratory action of his own vehicles.

When you feel yourself entering into any of the manifold feelings less than perfection (whether it is depression, unhappiness or irritation with others), STOP! Then become still, turn your attention to any Ascended Master. Feel His radiation descend, flow into your body. Remain quiet mentally until His Currents

begin to pass through you, like water, then feel His vibrations raise you above the destructive vibration, which you have entertained, whatever it may be. Remain in this state of listening grace for five or ten minutes, and you will be amazed at the freedom it will bring from conditions that otherwise you would respond to involuntarily.

My Peace and Love enfold you; My Light is a lantern to lead you as you travel on the Pathway of Earth to your ultimate Spiritual Freedom."

Love and Blessings
THE MAHA CHOHAN.

Good friends: May you be blessed for your kind letters and financial assistance in helping us maintain the work of the Ascended Masters.

THE BULLETIN SERVICE.

Kindly address all communications re: BULLETIN to THE BULLETIN P.O.Box 5, Flourtown, Penna. U.S.A.